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# Feels Like Redemption: The Pilgrimage To Health And Healing (My Pilgrimage)



## Synopsis

In the Christian Church and the world at large today, addiction to pornography is not just a crisis, it is the crisis. The approach for many has been to label this a war, and scores of books and teachers have tried to show that using various control methods and tools in order to deal with the problem leads to freedom. But the crisis continues to grow, and true freedom, the kind that Jesus seems to be pointing to in the Gospels, seems forever out of reach. This powerless approach has left millions without true freedom and asking some very hard questions about themselves, their sexuality, and the nature of God. In this groundbreaking new book on an age-old topic, author Seth Taylor leads us into the question: *“Where is there any real power? And if there is, why don't we see it more?”* With this question as the starting point, Taylor shows readers how to peel back the layers of all the things people are medicating with pornography and other *“drugs”*. He gives readers the tools to make their spirits come alive. Through a compelling combination of stories and *“spiritually grounded teaching”* from his own pilgrimage, Taylor shows readers that freedom is not a myth, but rather the essence of every human being, created in the image of God. *Feels Like Redemption* powerfully teaches that this journey into sexual and spiritual health is not a battle. It *“is a Pilgrimage”* – a Sacred Journey. And in walking this journey, we can be changed forever. *“”*

## Book Information

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Average Customer Review: 3.9 out of 5 stars *“”* See all reviews *“”* (48 customer reviews)

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## Customer Reviews

The other reviews I've seen on here seem to gravitate toward 5 stars or 1 star, with few in-between (in fact, I am the first to offer a 4-star review.) The reason is primarily the theologically controversial content. As a conservative-minded evangelical, I knew I was in for a journey the moment I saw a

Rob Bell endorsement in the front of the book. A lot of people seem shocked at the more liberal bent of Taylor's theology, but he is not in any sense deceptive about it - he wears it right on his sleeve. I'm not sure what these readers were expecting. I think it is important to evaluate a work according to its author's purposes, not the reader's. (In fact, as a conservative I would say this is an essential perspective to have!) I came to this work not for theology, but to consider personal testimony of finding healing from porn addiction. On this, the book delivers in spades. Taylor delves into pain and our self-medication of it. He goes deep into talking about who we are as human beings before he even jumps into talking about pornography, which is a huge plus. Too often addiction is treated as a problem that can be solved by tackling it head-on, rather than by understanding who we are as whole people. Taylor understands the human experience thoroughly; his skills in psychology exceed his skills in theology. He understands pain and the human response to it better than maybe any other person I've read. It was a strange feeling as I read each page and learned new things about myself despite finding little things to disagree with all over the place. I truly think anyone reading this book with an open mind will learn a lot about themselves, regardless of religious persuasion. One of Taylor's greatest strengths is his consideration of belief.

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